

July 2026

New Mount Olive Baptist Church

welcome

Newsletter
Stay informed

REVEREND
MARCUS DAVIDSON, PH.D.
SENIOR PASTOR

WHO'S SERVING YOU?



On March 1, 2026, leadership aligned staff operations around people, processes, and systems—establishing core values for the NMOBC family.

Our Core Values

- S — Service** *Christ-centered in every task*
- E — Excellence** *Wholehearted in every detail*
- R — Respect** *Honoring every person*
- V — Vision** *Kingdom-focused purpose*
- A — Accountability** *Integrity in action*
- N — Nurture** *Spiritual growth & discipleship*
- T — Teamwork** *Unity in diversity*
- S — Stewardship** *Faithful management*

July Health & Wellness Tips

HEALTH & WELLNESS MINISTRY



Stay Hydrated

- Drink water throughout the day.
- Limit sugary drinks and excess caffeine.
- Aim for 6–8 glasses daily or more when outdoors.



Protect Yourself from the Heat

- Avoid direct sunlight between 10 AM and 4 PM.
- Wear lightweight clothing, a hat, and sunscreen (SPF 30+).



Eat Light & Nourishing Foods

- Enjoy water-rich fruits and vegetables.
- Choose foods like watermelon, berries, cucumbers and leafy greens.

July Health & Wellness Tips

HEALTH & WELLNESS MINISTRY



Stay Active Safely

- Exercise during cooler morning or evening hours.
- Take breaks and listen to your body.

Know the Signs of Heat Illness

- Dizziness
- Headache
- Nausea
- Rapid heartbeat
- Excessive sweating

Faith & Wellness Reminder

“Beloved, I wish above all things that thou mayest prosper and be in health...” – 3 John 1:2 (KJV)

TIPS TO KEEP THE BUDGET COOL

Home Utility Audit

Cooling costs can quickly drain your budget.

Save up to **10%** on energy cost by:

- Closing your blinds during the hottest parts of the day.
- Adjusting your thermostat by just two degrees.

Implement Boredom Budget

To manage rising entertainment costs while kids are out of school:

- Set a fixed weekly cash limit for treats.
- Once the budget is met, take advantage of free community resources (local library programs or church summer camps).

Trim Unused Subscriptions

Pause or cancel streaming services or seasonal apps that you aren't using while spending more time outdoors.

HAPPY BIRTHDAY!



JULY
2026

Sis. Yvokia Davidson

Sis. Gloria Gray Knight

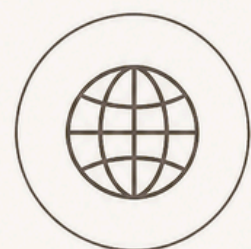
Sis. Denise Vickers

Bro. James Tyler Jr.



**BUILDING ON THE
MOVEMENT**

WAYS TO GIVE



1. GIVE ONLINE

www.mountolive.org



2. TEXT-TO-GIVE

Text "NMOBC" to 73256



3. BY CHECK

Payable to NMOBC

Memo: Faith Forward Campaign



4. DONATE SECURITIES

Through the Stock Donation Program



5. ASK ABOUT OTHER GIFTS

Contact our team for assistance

NMOBC

FAITH FORWARD



BUILDING TODAY FOR TOMORROW'S **IMPACT**

CAMPAIGN GOAL: \$3 MILLION



WHY IT MATTERS



**SPACES &
GROWTH**
Renovation
Expansion
Accessibility



**DIGITAL &
SECURITY**
Streaming
IT
Safety



SUSTAINABILITY
Efficiency
Maintenance
Stewardship



**COMMUNITY
IMPACT**
Outreach
Youth & Seniors
Wellness

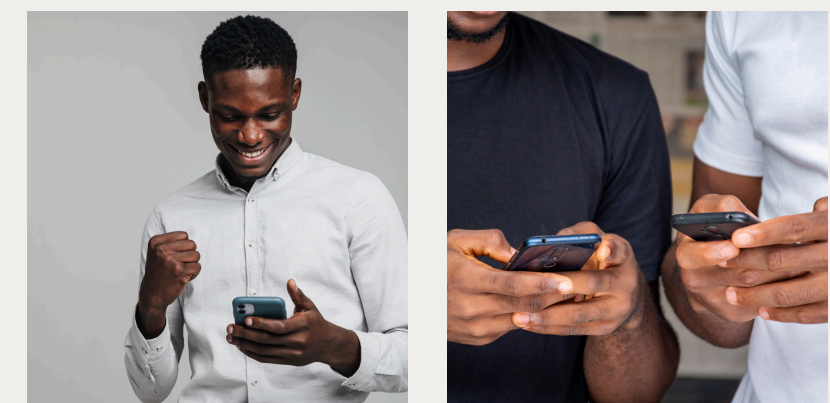


**WORSHIP &
LEADERSHIP**
Experience
Development
Growth

Are you connected?



FOLLOW US!



4 WAYS TO GIVE

NEW MOUNT OLIVE BAPTIST CHURCH



IN-PERSON

Give in person during
our worship service.



ONLINE

Give securely online
at our website.



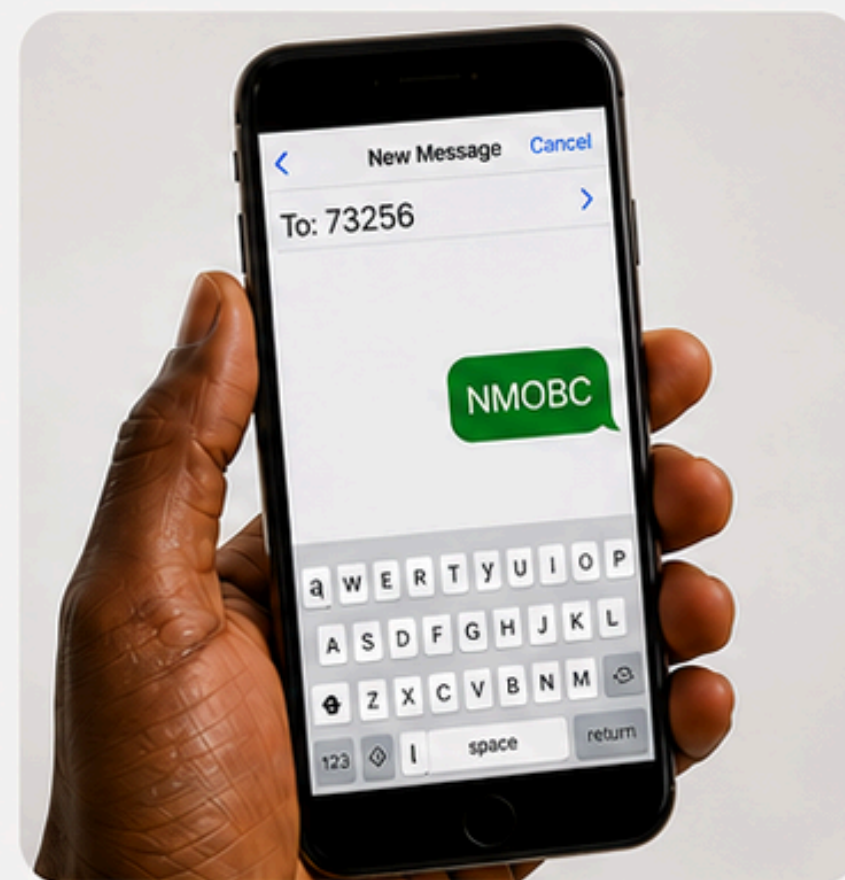
MAIL

Send your gift
by mail.



TEXT TO GIVE

Text NMOBC to 73256
to GIVE.



YOUR GIFT **MAKES A DIFFERENCE.**

THANK YOU FOR YOUR GENEROSITY!

No Ministry Meetings

NMOBC Staff work hours will not
change during sabbatical

SABBATICAL

JULY 1ST - AUGUST 3RD

QUESTIONS? CALL THE CHURCH 954-463-5126